

OFFER FOR PILATES RETREAT CROATIA 2025

PARTNER: BETTER HUMAN PILATES
GROUP: CROATIA RETREAT IN 2025
PERSON: 10-20
ROOMING: 2 DOUBLE + 2 TWIN + 1 FAMILY + 8 SINGLE
DATE: 22.06.2025 – 28.06.2025 (7 DAYS / 6 NIGHTS)



The Makarska Riviera is one of the most beautiful parts of the Adriatic coast, stretching 60 kilometres along the central Adriatic, in the heart of central Dalmatia. With many small areas for fishing, the Riviera is becoming a real attraction for tourists who, besides natural beauty, want to enjoy good service. Today, the Makarska Riviera is synonymous with a unique and top quality tourist service that perfectly matches the local natural and cultural beauty, and places like Podgora, Tučepi, Gradac, Baška Voda and others have become the favourite destinations of the most demanding tourists.

Due to its geographical position, located under the magnificent mountain of Biokovo, it is an example of fantastic contrasts of stone, sea and Mediterranean vegetation. This is the area where the most beautiful beaches of the Adriatic are located, and the crystal clear sea, decorated with blue flags, bears proof of ecologically clean water, beaches and marinas.

The Makarska Riviera is also unique due to its delicious traditional Dalmatian cuisine, authentic quality wines, places famous for the best entertainment, as well as a rich culture and history dating back to ancient times.

SUGGESTED HOTEL: HOTEL VALAMAR METEOR

WEB SITE: <https://www.valamar.com/en/hotels-makarska/meteor-hotel>

ABOUT:

Stylish, bright and brimming with facilities, Valamar Meteor Hotel is the ultimate choice for a memorable summer getaway on the magnificent Makarska Riviera. Set on a pretty pebble beach near the heart of Makarska, this stellar hotel features gorgeous outdoor and indoor pools, a sun terrace overlooking the big blue and fun for the whole family.

GREEN HOLIDAY MARK:

100% electricity from renewable sources

85% energy-saving LED lighting

ISO14001, ISO50001

Travel Life certification



Restaurants & bars

MEDITERRANEO RESTAURANT

- show cooking restaurant
- rich buffet breakfast

LA PENTOLA TRATTORIA ITALIANA

- a la carte restaurant
- located in front of hotel on beach promenade

VERO LOBBY BAR

- refreshed and extended Lobby bar
- wide selection of coffees, drinks and cocktails

MEZZINO SNACK BAR

- located by the outdoor pool
- wide selection of coffees, refreshing drinks and cocktails
- selection of light meals

Pools & beaches

INDOOR SWIMMING POOL

- freshwater pool heated up to 27° C
- pool size: 312,5 m2
- towel service

OUTDOOR INFINITY POOL

- infinity pool filled with sea water
- activity pool
- pool size: 300 m2
- pool chairs and parasols
- towel service
- changing rooms
- open sun deck

Putnička agencija KIRA TRAVEL d.o.o., Sjedište: Ivana Pavla II, 169, 21215 Kaštel Lukšić

T: +385 (0) 21 340 964; E: info@kiratravel.com; W: www.kiratravel.com,

OIB: 55057549067; MB: 2828804; MBS: 060277323; PDV ID: HR55057549067; IDK: HR-AB-21-060277323;

Račun: Privredna banka Zagreb d.d., 10 000 Zagreb, Hrvatska; IBAN: HR7723400091110613050; SWIFT CODE:

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HOTEL BEACH

- pebble beach in front of the hotel
- changing rooms

Wellness

SUN & SPA BY VALAMAR

- family Sauna
 - massages
- manicure, Pedicure
- cosmetic treatments
 - nail and eyelash extension
 - waxing
 - outdoor massage corner

Sports

- V Sport Point - the most attractive sports in one place
- Bike center - complete service for for cyclists
- fitness room
- Power walking
- Sport activities near the hotel (some extra charge)

DAY BY DAY ITINERARY:

22/6 Sunday, D1

Individual arrival to hotel. Accommodation, check in.

19:00 Welcome dinner at hotel.

Gentle Pilates class

Overnight.

23/6 Monday, D2

Breakfast at hotel.

08:00 -09:30 Pilates class: fundamentals & intermediate mat with bands

Free time

16:00 -17:00 Pilates class: interval mat with small weights

Free evening

24/6 Tuesday, D3

Breakfast at hotel.

07:00 -08:00 Pilates class: Wake up with Pilates circle

08:00 -09:00 Pilates class: Gluteals/legs - essential to intermediate with circle

Free time

Suggested activity: Visit of Split, city tour, free time for shopping, dinner

25/6 Wednesday, D4

Breakfast at hotel.

09:00 -12:00 Pilates workshop -Pelvic floor

Suggested activity for afternoon:

1) Vrgorac with wine tasting at winery Gašpar and Biokovo skywalk -

2) Imotski with panoramic view or Red and Blue Lake and lunch at Agrotourism Grabovci (or with wine tasting at local winery) and Biokovo skywalk

26/6 Thursday, D5

Breakfast at hotel.

Suggested activity: full day fish picnic to Bol and Jelsa (international tour starting from Riva in Makarska)

27/6 Friday, D6

Breakfast at hotel.

08:00 -08:30 Pilates workshop: Fascial

08:30 -09:30 Pilates class: Wrap up with Pilates - standing Pilates with music (filling evaluation sheets/ feedback; sharing highlights; pictures; video; goodbyes)

Free time

Transfer to Tučepi for farewell dinner.

18:00 **Farewell dinner at local konoba Ranch Tučepi** <https://www.ranc-tucepi.hr/site/en/photos/>

Transfer back to the hotel.

28/6 Saturday, D7

Breakfast at hotel.

Check out.

Optional transfer to the airport.

****End of service***



PACKAGE PRICE PER PERSON IN DOUBLE SHARING ROOM: 1.496,00 EUR

PACKAGE PRICE PER PERSON IN SINGLE USE ROOM: 2.362,00 EUR

***min 10 paying pax**

SERVICES INCLUDED IN THE PACKAGE PRICE:

ACCOMMODATION:

6x overnight at hotel Meteor 4*

6x daily breakfast

6x city tax

1x welcome dinner at hotel

Use of indoor and outdoor swimming pool

Use of Wellness

FAREWELL DINNER IN LOCAL KONOBA WITH MUSIC

3 course dinner, music entertainment

transfer from hotel to the restaurant and back

GRATIS:

All services for 2 persons in twin sharing room:

- accommodation

-city tax

-breakfast

-welcome dinner

Farewell dinner with music

PILATES CLASS ROOM RENTAL:

3x full day rental

2x half day rental

projector, screen, Wi-Fi internet connection included

VAT

SERVICES NOT INCLUDED IN PACKAGE PRICE:

Flights

Personal costs

Tips, drinks, telephone charges and incidentals

Meals not indicated

Portage in/out

Services not mentioned in included the price

Optional excursions

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Please note: Schedule is subject to change due to weather conditions, emergencies, border crossings or other unforeseen interruptions. Transfer refers to transportation to the nearest point which can be reached by bus (hotels, restaurants in city center, etc.)

TRANSFERS:

Arrival transfer airport Split - hotel in Makarska:

Car (up to 2 persons): 340,00 EUR / transfer / way

Mini van (up to 6 persons): 410,00 EUR / transfer / way

Mini bus (up to 19 persons): 485,00 EUR / transfer / way

Departure transfer hotel in Makarska – airport Split:

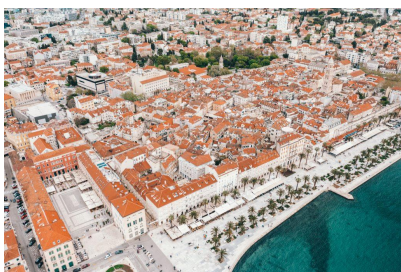
Car (up to 2 persons): 340,00 EUR / transfer / way

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EXCURSIONS:

1. Visit UNESCO city of Split



Departure from Makarska towards Split. Explore the historical wonders of Split, accompanied by a local guide, including the iconic Diocletian's Palace and the ancient streets of the Old Town. Dive into the rich history and culture of this vibrant coastal city as your guide leads you through its fascinating landmarks. Following city tour, enjoy free time for shopping or leisurely strolls, soaking in the charm of Split's bustling streets and waterfront promenades. Immerse yourself in the local atmosphere and perhaps discover unique souvenirs or treasures to remember your visit by.

Optional - indulge in a delicious dinner at a local restaurant, savoring authentic Dalmatian cuisine and flavors. Enjoy the relaxed ambiance and traditional dishes, experiencing the culinary delights of the region.

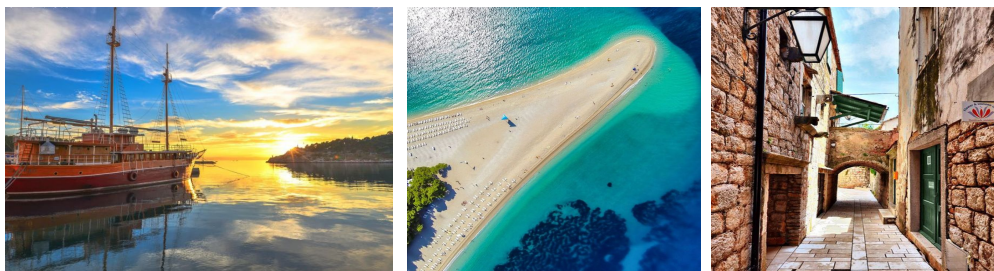
Price: 128,00 EUR / person (min 10 paying pax)

Children (up to 10 years old): 64,00 EUR / person (2 children per group)

Included in the price: return transfer hotel – Split – hotel, parking fees, city tax for bus, English speaking local guide up to 2 hours, 2 person free of charge

Supplement per dinner at local trattoria (Konoba Varos or similar): from 45,00 EUR / person (3 course meal; drinks not included)

2. Full day fish picnic to Bol and Jelsa (international tour starting from Riva in Makarska)



Boat departs from Makarska port at 8:30 am towards Jelsa on Hvar, with the journey taking about 1 hour and 50 minutes. There, you have about an hour free for the beach or to enjoy coffee on the sunniest Croatian island. Be sure to buy some lavender, for which Hvar is famous. The boat then continues towards Bol on Brač, with a sailing time of about 40 minutes. While sailing, you can enjoy a complimentary lunch and drinks, including local wine and rakija. Upon arrival on Brač, you have several hours to explore the island. Take this time to visit the world-famous Zlatni rat beach. Afterwards, the boat sails back to Makarska, where you can relax with music and drinks. The excursion ends at 6 pm when the boat docks back at Makarska port.

Price: 140,00 EUR / person (min 10 paying pax)

Children (up to 10 years old): 70,00 EUR / person (2 children per group)

Included in the price: Boat transport to both islands and back, lunch (meat/fish/vegan menu + salad), free drinks (during lunch), Full day local guide accompany the group (IVA), transportation costs for guide, 2 persons free of charge (boat ticket, lunch and drinks included)

3. Vrgorac with wine tasting at winery Gašpar and Biokovo skywalk



Vrgorac, nestled just 45 minutes outside of Makarska, boasts a rich history dating back centuries, characterized by its charming architecture and vibrant local culture. Explore Vrgorac with a visit to the 15th-century Turkish tower Avala and the Gradina fortress, both of strategic importance for defense during the more than 200 years of Turkish rule.

Our next stop is at the beautiful vineyard of the Gašpar brothers, who established a small winery a few years ago. Through careful vineyard practices and an organic approach, they have succeeded in producing and maintaining exceptional quality wines made from indigenous grape varieties such as Plavac and Zlatarica. Enjoy wine tasting in winery.

Experience the breathtaking Skywalk Biokovo, offering panoramic views of the stunning Biokovo mountain range and the Adriatic coastline below. Take in the beauty of the natural landscape and

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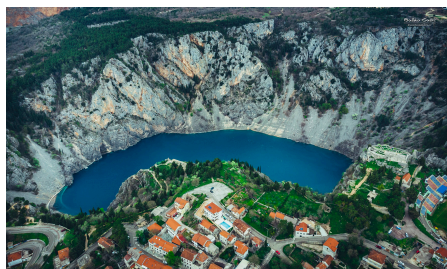
capture unforgettable moments against the backdrop of the rugged peaks and azure waters.

Price: 228,00 EUR / person (min 10 paying pax)

Children (up to 10 years old): 114,00 EUR / person (2 children per group)

Included in the price: Half day local guide accompany the group (IVA), private mini bus rental (hotel -Vrgorac – Winery – Skywalk – hotel), tour of Vrgorac, wine tasting with traditional snack at vineyard, entrance fee to Biokovo Nature Park (Skywalk), 2 persons free of charge (transportation, wine tasting, ticket Skywalk included)

3. Imotski with panoramic view or Red and Blue Lake and lunch at Agrotourism Grabovci and Biokovo skywalk



Departure to Imotski, city tour, including a panoramic view of the famous lakes. Explore the charming town of Imotski and marvel at the breathtaking panoramic view of the iconic Blue and Red Lakes, natural wonders renowned for their striking colors and dramatic cliffs. Next stop is Agrotourism Grabovci. Indulge in a delicious lunch at Local Agrotourism Grabovci, experiencing authentic Dalmatian cuisine made from fresh local ingredients. Enjoy traditional dishes and immerse yourself in the warm hospitality of the region.

After tasty lunch, embark on a journey to the Skywalk Biokovo, where you'll encounter stunning panoramic views of the Biokovo mountain range and the picturesque coastline below. Walk along the cliff-edge platform and soak in the awe-inspiring beauty of the natural landscape.

Price: 228,00 EUR / person (min 10 paying pax)

Children (up to 10 years old): 114,00 EUR / person (2 children per group)

Included in the price: Full day local guide accompany the group (IVA), private mini bus rental (hotel -Imotski– lunch – Skywalk – hotel), tour of Imotski, 3 course lunch at local agritourism, entrance fee to Biokovo Nature Park (Skywalk), 2 persons free of charge (transportation, lunch, ticket Skywalk included)



PAYMENT / CANCELATION CONDITIONS:

PAYMENT TERMS:

Client has to pay advanced payments based on the following schedule:

- a) First advanced payment of 30% of the total amount needs to be paid right after signing the contract
- b) Remaining 50% of the total amount to be paid 60 days before the guest arrival
- c) Remaining 20% of the total amount to be paid 30 days before the guest arrival

Contract cancellation terms:

In the event that Client cancels the Contract the First advanced payment (right after the signing of the contract) is considered to be compensation for damages to the hotel and full amount of the first advanced payment will be kept by the Hotel. In addition, Client agrees to pay the cancellation fee as set forth below:

- 30% of the remaining amount in case of cancellation up to 90 days
- 40% of the remaining amount in case of cancellation from 90 to 60 days
- 60% of the remaining amount in case of cancellation from 60 to 30 days
- 100% of the remaining amount in case of cancellation within 30 days of the event (30 to 0 days)

Room block cancellation terms:

Up to 90 days prior to guests arrival, Client can cancel up to 2 rooms without any cancellation penalties. For every canceled room exceeding this number, the Client will be fully charged.

No-Show rooms & early departures:

For each no-show room, as well as for each early departure, Hotel will charge the Client the full amount for the entire stay.